



TRINITY HIGH SCHOOL

OCTOBER 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 2 3 4				
	Beef Soft tacos w/ Spanish Rice & Black Beans	Fried Chicken, Mashed Potatoes, and Corn Bowl w/ Gravy	Lemon Chicken w/ Pasta and Greek Salad	Assorted Pizzas by the Slice
	Southwest Chicken Egg Rolls w/ Avocado Crema	Spring Rolls w/ Sweet Chili Sauce	Cheeseburger	Buffalo Tenders
	Grain Bowl (GF)	Cobb Salad w/ Dressing (GF)	Grilled Chicken Caprese Wrap	Garden Salad w/ Dressing (GF)
7 8 9 10 11				
Crispy Chicken Caesar Wrap w/ Fries	Chicken or Veggie & Cheese Quesadilla w/ Lime Cilantro Rice and Ranchero Corn	Veggie Fried Rice w/ Teriyaki Chicken Thighs (GF)	Tortellini w/ Mainara Sauce, Veggies, and Roll	Assorted Pizzas by the Slice
Toasted Ravioli w/ Sauce	Soft Pretzel w/ Cheese Sauce	Mac & Cheese Bites	Chicken Bacon Ranch Panini	Mozzarella Sticks w/ Marinara Sauce
Teriyaki Grilled Chicken Salad w/ Dressing (GF)	Veggie Sticks w/ Dip (GF)	Asian Noodle Salad	Greek Salad w/ Dressing (GF)	Chef Salad w/ Dressing (GF)
14 15 16 17 18				
	Chicken Soft Tacos, Mexi Rice and Black Beans	Grilled BBQ Chicken Sandwich w/Cheesy Fries	Bow Tie Pasta in Red Sauce w/ Meatballs, Roll & Side Salad	Assorted Pizzas by the Slice
No School	Veggie Empanadas w/ Sauce	Corn Dog w/ Honey Mustard	BLT Wrap	Chicken Fries w/ Sauce
	Steak Gyro Wrap	Southwest Pasta Salad	Roasted Vegetable & Chicken Wrap	Chicken Salad Lettuce Wraps (GF)
21 22 23 24 25				
Poutine w/ Crispy Chicken Bowl	Beef & Broccoli, White Rice w/ Veggies (GF)	Teriyaki Grill Chicken Power Bowl (GF)	Cheesy Pasta Bake w/ Veggies & Sweet Italian Sausage w/Bread & Side Caesar	Assorted Pizzas by the Slice
Grilled Chicken Panini	Caprese Panini	Loaded Tater Tots	Potato Skins w/ Sour Cream	Meatball Sub
Buffalo Chicken Salad w/ Dressing	Fresh Berry Salad w/ Dressing (GF)	Pasta Salad	Asian Sesame Chicken Salad w/ Dressing	Caprese Salad
28 29 30 31				
Grilled Chicken Bacon Ranch Sub w/ Fruit	Sausage Pepper & Onion Sub w/ Fries	Cowboy Burger w/ Baked Beans	Creamy Pesto Chicken w/ Broccoli & Roll	
Onion Rings w/ Yum Yum Sauce	Taco Salad w/ Chipotle Ranch	Hot Dog	Grilled Cheese	
Turkey Avocado Wrap	Veggie Sticks w/ Dip (GF)	Garden Salad w/ Dressing (GF)	Spinach Salad w/ Dressing (GF)	