

**Trinity High School Physical Form  
2021-2022**

*Part I.- to be completed by the Parent/ Student*

Student Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Sex: \_\_\_\_\_

Parent Name: \_\_\_\_\_

Home Address: \_\_\_\_\_ Phone home: \_\_\_\_\_  
\_\_\_\_\_ work: \_\_\_\_\_  
\_\_\_\_\_ cell: \_\_\_\_\_

**Health History:**

1. Do you have a chronic/ or on-going injury or illness? Yes \_\_\_\_\_ No \_\_\_\_\_

2. Do you take or prescribed any medications? Yes \_\_\_\_\_ No \_\_\_\_\_  
-if yes please list medication and dosage: \_\_\_\_\_

3. Do you have allergies to any medication, latex, bee stings, food, etc? Yes \_\_\_\_\_ No \_\_\_\_\_  
-if yes please explain and list special instructions: \_\_\_\_\_  
\_\_\_\_\_

4. Do you have Diabetes? Yes \_\_\_\_\_ No \_\_\_\_\_  
-if yes please explain: \_\_\_\_\_

5. Do you have asthma? Yes \_\_\_\_\_ No \_\_\_\_\_

6. Have you suffered any injury since last active season (sport related or not)?  
Yes \_\_\_\_\_ No \_\_\_\_\_

7 Do you have any other medical conditions? Yes \_\_\_\_\_ No \_\_\_\_\_  
Please explain: \_\_\_\_\_  
\_\_\_\_\_

***Part II.- to be completed by Physician or Healthcare Provider***

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**Student Name:** \_\_\_\_\_ **Date of Physical** \_\_\_\_\_ **Year of Graduation** \_\_\_\_\_

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**Height** \_\_\_\_\_ **Weight** \_\_\_\_\_ **Blood Pressure (Sitting)** \_\_\_\_\_

**Vision: 20/** \_\_\_\_\_ **Vision: 20/** \_\_\_\_\_ **Glasses: Yes** \_\_\_\_\_ **No** \_\_\_\_\_

**Check if Negative:**

**Ears:** \_\_\_\_\_

**Skin:** \_\_\_\_\_

**Mouth/Teeth:** \_\_\_\_\_

**Chest: Murmurs** \_\_\_\_\_

**Rhythm** \_\_\_\_\_

**Lungs** \_\_\_\_\_

**Lymphatics: Cervical** \_\_\_\_\_

**Axillary** \_\_\_\_\_

**Abdomen: Spleen** \_\_\_\_\_

**Liver** \_\_\_\_\_

**Tenderness** \_\_\_\_\_

**Genitalia:** \_\_\_\_\_

**Hernia** \_\_\_\_\_

**Neurological:** \_\_\_\_\_

**Orthopedic: Cervical spine/back** \_\_\_\_\_

**Shoulders** \_\_\_\_\_

**Arm/elbow/wrist/hand** \_\_\_\_\_

**Knees** \_\_\_\_\_

**Ankles** \_\_\_\_\_

**Other from positive history:** \_\_\_\_\_

**Certification:**

**I certify that I have examined this student and find him/her medically qualified/unqualified to participate in the inter-scholastic sport listed above:**

**Please Circle:**

**Cleared for: 1. (FULL Participation) 2. (LIMITED Participation) (3.) RESTRICTED**

**Please List Limitations/ Restrictions:** \_\_\_\_\_

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**Print Name of Physician/ Healthcare Provider**

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**Phone**

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**Physician/Healthcare Provider Signature**

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**Date**