

LIFE OF A PIONEER CO-CURRICULAR CODE OF CONDUCT

Participation in Trinity High School extra-curricular and co-curricular activities (including athletics) is a privilege which should elicit great pride in both the student and his/her family. It is also an acceptance of responsibility which requires extra commitment from those who represent our school, their coaches/advisors, and community. As representative of Trinity High School, students are expected to always exhibit appropriate behavior. Curricular activities (activities that are graded and awarded credit) are exempt from this specific co-curricular code of conduct. However, school rules and behavior standards still apply as with any school related function/activity, whether that activity occurs on or off campus. The following rules have been set forth to govern participation in extracurricular and co-curricular activities at Trinity High School:

1. Students and their parents/guardians are required to sign the Life of a Pioneer Policy as a condition of participating in co-curricular and extra-curricular activities. The Life of a Pioneer Policy serves as a contract outlining the requirements and expectations for participating in Trinity co-curricular and extra-curricular activities. Students and all parents must sign that they have read and understand the student handbook which includes this and all disciplinary policies. Disciplinary action improper conduct, as determined by the Athletic Director/coach, Activity Director/advisor and/or administration shall result in disciplinary action up to and including removal/suspension from the team or activity. The Athletic/Activity Directors and coaches/advisors are expected to always enforce all policies and school rules and to use their best judgment in applying penalties for violations. The advisor or coach shall consult with the Athletic Director or Activities Director prior to suspending a student from an activity or team.
2. Students in good standing may participate in the co- and extra-curricular activities of their school. A student is considered in good standing if he/she is not the subject of any disciplinary action for violation of any policy or school rule he/she is currently academically eligible based on NHIAA and school guidelines.
3. To be academically eligible under Trinity High School's guidelines, a student must pass four (4) units of work during the previous quarter. For the Fall, the 4th quarter is used from the previous school year. The determination of academic eligibility is based upon report card grades when they are issued and not before that date. A unit of work as defined at Trinity High School is a .5 or 1 credit course.
4. All participants are expected to come to school ready to learn on all scheduled school days. To participate in a school activity, a student must be present in school on the day of the activity. For the purpose of this policy, any student who misses any portion of the school day unexcused may NOT participate in co- and extra-curricular activities. If an activity occurs on a non-school day, the student must be present on the last day of school prior to the activity. Any exceptions to this requirement must be pre-approved by a school administrator.
5. Students suspended from school (including in-school and out of school suspension) shall not practice, participate, attend, or compete in extra- or co-curricular activities during the days of suspension.

6. Students are required to abide by all school policies, school rules and any additional rules, and/or training guidelines imposed by coaches or advisors.
7. Student use of tobacco, alcohol, and drugs is illegal and negatively affects student health, safety and performance. Students participating in co- and extra-curricular activities carry a responsibility to themselves, their fellow students, coaches/advisors, parents and school to set the highest possible example of conduct, sportsmanship and training, which includes avoiding any involvement with tobacco, alcohol and drugs.
8. If a student is charged with a crime, he or she may be suspended from participation in co- or extra-curricular activities until the case is adjudicated. A student who is convicted of a crime may be suspended from participation in activities for a period to be determined based upon the facts of the case. Students are expected to conduct themselves so as not to discredit themselves, their team or organization, their coach or advisor, and their school. Failure to do so may result in a student being declared ineligible to participate in the co-curricular or extra-curricular activity.
9. Students shall be responsible for all equipment and uniforms issued to them by the school. The cost of replacing damaged or lost equipment /uniforms will be the responsibility of the student.

Substance Abuse

For infractions involving “prohibited substances,” disciplinary action will be taken as specified below. Coaches/activity advisors may impose additional consequences for such violations in consultation with the Athletic Director or Activities Coordinator. Repeat or extreme violations will warrant administrative review and additional sanctions. Violations during a student’s high school career are cumulative. The term “prohibited substance” includes, but is not limited to:

1. Alcohol;
2. Controlled or scheduled drugs (as defined in RSA 318-B);
3. Controlled substances (as defined in the federal Controlled Substance Act, 21 U.S.C. § 812);
4. Tobacco products of any kind, which for the purpose of school policy includes electronic smoking devices (devices used to deliver nicotine or other substance to simulate smoking through inhalation of vapor or aerosol from the device including but not limited to devices manufactured, distributed, marketed, or sold as an electronic cigarette, electronic cigar, electronic pipe, electronic hookah or so-called vape pens).
5. Prescription drugs not prescribed for the student and/or not in compliance with the school’s policy on administering medications to students.
6. Any substance possessed or used for ingestion to produce an intoxicating effect (including but not limited to aerosols, smelling salts, paints, solvents, and glue).
7. Paraphernalia – implements used for the distribution or consumption of a prohibited substance; or
8. Any look-alike/counterfeit drug or substance that is described as or is purported to be a prohibited substance defined in this section.

Disciplinary Action for Improper conduct, as determined by the Athletic Director/coach, Activity Director/advisor and/or administration shall result in disciplinary action up to and including removal/suspension from the team or activity (in addition to any discipline imposed under applicable school policies or school rules). The Athletic/Activity Directors and coaches/advisors are expected to always enforce all policies and school rules and to use their best

judgment in applying penalties for violations. The advisor or coach shall consult with the Athletic Director or Activities Director prior to suspending a student from an activity or team.

Prohibited Substances violations that occur on school property or at a school related event:

First violation: No participation in co- and/or extra-curricular activities for 20 school days commencing upon return from suspension. The student must complete 10 hours of community service and the student and his/her parent must participate in a meeting with the Athletic Director/Assistant Principal and coach/advisor prior to returning to the activity.

Second violation: No participation in co- and/or extra-curricular activities for 40 school days commencing upon return from suspension. The student must complete 20 hours of community service and the student and his/her parent must participate in a meeting with the Athletic Director/Assistant Principal and coach/advisor prior to returning to the activity. The student may be required to take an approved substance abuse prevention course at the parents' expense.

Third violation: Student is ineligible to participate in co-and/or extracurricular activities. His/her parent must participate in a meeting with the Athletic Director/Assistant Principal and coach/advisor prior to returning to the activity. The student will be required to take an approved substance abuse prevention course at the parents' expense.

Prohibited substances that occur for violations that occur off school property:

All prohibited substance violations that occur off school ground and/or not at a school sanctioned event will be considered in a cumulative fashion.

First violation: No participation in co- and/or extra-curricular activities for 20 school days. The student must complete 10 hours of community service and the student and his/her parent must participate in a meeting with the Athletic Director/Assistant Principal and coach/advisor prior to returning to the activity.

Second violation: No participation in co- and/or extra-curricular activities for 40 school days. The student must complete 20 hours of community service and the student and his/her parent must participate in a meeting with the Athletic Director/Assistant Principal and coach/advisor prior to returning to the activity. The student may be required to take an approved substance abuse prevention course at the parents' expense.

Third violation: Student is ineligible to participate in co-and/or extracurricular activities. His/her parent must participate in a meeting with the Athletic Director/Assistant Principal and coach/advisor prior to returning to the activity. The student will be required to take an approved substance abuse prevention course at the parents' expense. If a violation occurs when the student is not currently participating in a co-curricular or extra-curricular activity, the consequences will carry over to when the co-curricular or extra-curricular activity begins. If a violation occurs at the end of the school year, the consequences will carry over to the next school year.

Activity/Team Leadership Positions

A student elected to a leadership position for an activity/team forfeits that position for the duration of the season. Any student in violation of Life of a Pioneer also forfeits eligibility for any team/post season awards.

Appeal of Suspension from Activity / Team

A student who wishes to appeal a suspension from a team/activity must first discuss the matter with his/her advisor or coach. - Following that discussion, if the student and his/her parent/guardian wishes to appeal the suspension, it must be done in writing to the Athletic Director/Activity Director within three school days of notice of the suspension decision. The Athletic Director / Activity Director will investigate as he/she deems advisable and render a decision, in writing, to the student and his/her parent/guardian within five school days. -If the student and his/her parent/guardian are dissatisfied with this decision, the decision may be appealed in writing to the Principal within three school days. The Principal will conduct an investigation he/she deems advisable and render a decision, in writing, to his/her parents within a reasonable time. The Principal's decision is final. -The student shall remain under suspension during the appeal process.

New Hampshire Interscholastic Athletics Association (NHIAA) Regulations

All student athletes representing Trinity High School in interscholastic athletics must comply with the NHIAA regulations -Athletes may participate in an outside sport during their period of high school competition. However, priority must always be given to the high school team, its practices and contests. Failure to do so will result in sanctions by the NHIAA. -Any action that results in the disqualification of a player from a game will be an automatic one game suspension on the next game date. There is a two (2) game suspension for fighting. The player must meet with the Athletic Director before reinstatement. -A student must pass a physical examination prior to the beginning of the athlete's high school career. In every subsequent year, athletes shall complete an updated medical form signed by the parent and submitted to the athletic department. A student may not participate in interscholastic athletics for more than eight (8) consecutive semesters.